

Lap Lane Availability

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice. Also note, that during School Holidays due to high patronage the Gentle Exercise Lane may not be available.

Program Pool (25m) 17/03/25 - 23/03/25

| Time | Mon | Tues | Weds | Thurs | Fri | Sat | Sun |
|---------------|-----|------|------|-------|--------|--------|--------|
| 5.30am–6am | 4 | 4 | 4 | 4 | 4 | Closed | Closed |
| 6am–7am | 4 | 4 | 4 | 4 | 4 | Closed | Closed |
| 7am–8am | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 8am–9am | 4 | 3 | 3 | 4 | Closed | 1 | 1 |
| 9am–10am | 4 | 3 | 3 | 4 | Closed | 1 | 1 |
| 10am–11am | 1 | 3 | 3 | 1 | Closed | 1 | 1 |
| 11am–12pm | 1 | 4 | 4 | 1 | Closed | 1 | 1 |
| 12pm–1pm | 4 | 2 | 4 | 4 | Closed | 1 | 1 |
| 1pm–2pm | 4 | 3 | 4 | 3 | Closed | 4 | 3 |
| 2pm–3pm | 4 | 4 | 4 | 4 | Closed | 4 | 3 |
| 3pm–4pm* | 1 | 1 | 1 | 1 | 1 | 4 | 3 |
| 4pm–5pm | 1 | 1 | 1 | 1 | 1 | 4 | 4 |
| 5pm–6pm | 1 | 1 | 1 | 1 | 1 | 4 | 4 |
| 6pm–7pm | 1 | 1 | 1 | 1 | 1 | 4 | 4 |
| 7pm–7:30pm | 4 | 4 | 3 | 3 | 4 | 4 | 4 |
| 7:30pm–8:30pm | 4 | 4 | 4 | 4 | 4 | Closed | Closed |
| 8:30pm–9:30pm | 4 | 4 | 4 | 4 | 4 | Closed | Closed |

*Lap lanes will be changed at approx. 3.15pm in preparation for programming

The Program pool will be unavailable for public swimming from 9am–3pm during school carnival times. The 50m pool will still be available for lap swimming pending school booking.

Lap Lane Availability

Program Pool (25m) 24/03/25 - 30/03/25

| Time | Mon | Tues | Weds | Thurs | Fri | Sat | Sun |
|---------------|-----|------|------|-------|-----|--------|--------|
| 5.30am–6am | 4 | 4 | 4 | 4 | 4 | Closed | Closed |
| 6am–7am | 4 | 4 | 4 | 4 | 4 | Closed | Closed |
| 7am–8am | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 8am–9am | 4 | 3 | 3 | 4 | 4 | 1 | 1 |
| 9am–10am | 4 | 3 | 3 | 4 | 4 | 1 | 1 |
| 10am–11am | 1 | 3 | 3 | 1 | 4 | 1 | 1 |
| 11am–12pm | 1 | 4 | 4 | 1 | 4 | 1 | 1 |
| 12pm–1pm | 4 | 2 | 4 | 4 | 4 | 1 | 1 |
| 1pm–2pm | 4 | 3 | 4 | 3 | 4 | 4 | 3 |
| 2pm–3pm | 4 | 4 | 4 | 4 | 4 | 4 | 3 |
| 3pm–4pm* | 1 | 1 | 1 | 1 | 1 | 4 | 3 |
| 4pm–5pm | 1 | 1 | 1 | 1 | 1 | 4 | 4 |
| 5pm–6pm | 1 | 1 | 1 | 1 | 1 | 4 | 4 |
| 6pm–7pm | 1 | 1 | 1 | 1 | 1 | 4 | 4 |
| 7pm–7:30pm | 4 | 4 | 3 | 3 | 4 | 4 | 4 |
| 7:30pm–8:30pm | 4 | 4 | 4 | 4 | 4 | Closed | Closed |
| 8:30pm–9.30pm | 4 | 4 | 4 | 4 | 4 | Closed | Closed |

*Lap lanes will be changed at approx. 3.15pm in preparation for programming

The Program pool will be unavailable for public swimming from 8:30am–2:30pm during school carnival times. The 50m pool will still be available for lap swimming pending school booking.

Lap Lane Availability

Competition Pool (50m) 17/03/25 - 23/03/25

| Time | Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|-------------------|--------------------------------|--------|--------------------------------|--------|---------------|---------------|---------------|
| 5.30am–6am | 4x50m | 7x25m | 3x50m | 6x25m | 5x50m | Closed | Closed |
| 6am–7am | 4x50m | 7x25m | 3x50m | 6x25m | 3x50m | Closed | Closed |
| 7am–8am | 4x50m | 7x25m | 3x50m | 9x25m | 6x50m | 3x25m | 16x25m |
| 8am–9am | 16x25m Transition to 25m | 12x25m | 16x25m Transition to 25m | 16x25m | Closed | 3x25m | 16x25m |
| 9am – 10am | 11x25m | 12x25m | 12x25m | 8x25m | Closed | 6x25m | 10x25m |
| 10am–11am | 16x25m | 16x25m | 16x25m | 16x25m | Closed | 14x25m | 12x25m |
| 11am–12pm | 16x25m | 16x25m | 16x25m | 16x25m | Closed | 16x25m | 14x25m |
| 12pm–1pm | 16x25m | 16x25m | 16x25m | 16x25m | Closed | 11x25m | 14x25m |
| 1pm–2pm | 16x25m | 16x25m | 16x25m | 16x25m | Closed | 11x25m | 13x25m |
| 2pm–3pm | 16x25m | 16x25m | 16x25m | 16x25m | Closed | 11x25m | 13x25m |
| 3pm–4pm* | 14x25m | 12x25m | 13x25m | 14x25m | 14x25m | 7x25m | 13x25m |
| 4pm–5pm | 5x25m | 4x25m | 4x25m | 9x25m | 3x25m | 7x25m | 14x25m |
| 5pm–6pm | 5x25m | 5x25m | 4x25m | 3x25m | 3x25m | 7x25m | 10x25m |
| 6pm–7pm | 5x25m | 7x25m | 4x25m | 3x25m | 3x25m | 16x25m | 16x25m |
| 7pm–7:30pm | 4x25m | 9x25m | 7x25m | 4x25m | 8x25m | 16x25m | 16x25m |
| 7:30pm– 8:30pm | 4x25m | 11x25m | 8x25m | 8x25m | 8x25m | Closed | Closed |
| 8:30pm– 9.30pm | 16x25m | 16x25m | 16x25m | 8x25m | 8x25m | Closed | Closed |

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

This will ensure all centre users can experience the best possible visit.

Lap Lane Availability

Lap Lane Availability

Competition Pool (50m) 24/03/25 - 30/03/25

| Time | Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|---------------|-----------------------------|--------|-----------------------------|--------|-----------------------------|---------------|---------------|
| 5.30am–6am | 4x50m | 7x25m | 3x50m | 6x25m | 5x50m | Closed | Closed |
| 6am–7am | 4x50m | 7x25m | 3x50m | 6x25m | 3x50m | Closed | Closed |
| 7am–8am | 4x50m | 7x25m | 3x50m | 9x25m | 6x50m | 3x25m | 16x25m |
| 8am–9am | 16x25m Transition to 25m | 12x25m | 16x25m Transition to 25m | 16x25m | 8x50m | 3x25m | 16x25m |
| 9am – 10am | 11x25m | 12x25m | 12x25m | 8x25m | 16x25m Transition to 25m | 6x25m | 10x25m |
| 10am–11am | 16x25m | 16x25m | 16x25m | 16x25m | 16x25m | 14x25m | 12x25m |
| 11am–12pm | 16x25m | 16x25m | 16x25m | 16x25m | 16x25m | 16x25m | 14x25m |
| 12pm–1pm | 16x25m | 16x25m | 16x25m | 16x25m | 16x25m | 11x25m | 14x25m |
| 1pm–2pm | 16x25m | 16x25m | 16x25m | 16x25m | 16x25m | 11x25m | 15x25m |
| 2pm–3pm | 16x25m | 16x25m | 16x25m | 16x25m | 16x25m | 11x25m | 15x25m |
| 3pm–4pm* | 14x25m | 12x25m | 13x25m | 14x25m | 14x25m | 7x25m | 14x25m |
| 4pm–5pm | 5x25m | 4x25m | 4x25m | 9x25m | 3x25m | 7x25m | 14x25m |
| 5pm–6pm | 5x25m | 5x25m | 4x25m | 3x25m | 3x25m | 7x25m | 10x25m |
| 6pm–7pm | 5x25m | 7x25m | 4x25m | 3x25m | 3x25m | 16x25m | 16x25m |
| 7pm–7:30pm | 4x25m | 9x25m | 7x25m | 4x25m | 16x25m | 16x25m | 16x25m |
| 7:30pm–8:30pm | 4x25m | 11x25m | 8x25m | 8x25m | 16x25m | Closed | Closed |
| 8:30pm–9.30pm | 16x25m | 16x25m | 16x25m | 8x25m | 16x25m | Closed | Closed |

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To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

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